

Chiropractors—(Cont'd)
 Cooper Edmund T 1009-30th..... GI lbrt 3-8172
DAVIES WINN S

**RADIO DIATHERMY
 COLONIC IRRIGATIONS
 DIETETICS - SUNLIGHT**

Suite 424 Forum Bldg
 1107-9th GI lbrt 3-4789

DU FRASNE E I Ochsner Bldg. GI lbrt 2-3338
 (See Advertisement Page 86)
 Fenner Milton F 902-30th..... HU dsn 4-7417

BAKERS' SPECIAL

To keep cake fillings from soaking into cake, sprinkle layers lightly with powdered sugar before spreading on filling.

**BASIC SCIENCE
 FOUNDATION**

DR. R. SHANE, D.C., Founder

X-RAY

FLUOROSCOPIC & PHYSICAL EXAMINATION

Hours 10 A.M. TH 5 P.M.
 Mon. - Wed. - Fri. - TH 6 P.M.
 Sat. TH 12 Noon

GI lbrt 2-1327

DR. JAMES E. OLPHANT, D.C.
 Director

FORUM BLDG. Sacramento

9th & Kay

GENERAL PRACTICE

FOOD NUTRITION & TESTS

Also X-Ray

EYE & SINUS CONDITIONS



Atigmatism - Near & Far Sightedness - Eye Strain
 OVER 30 YEARS SUCCESSFUL PRACTICE
 Examination Will Reveal Whether Eye Defects Are Caused by Organic Trouble or by Eye Strain. In Either Case We Are Qualified to Treat Both Successfully.
 If We Can't Help You We Will Tell You So
 Consultation Free - Investigate

DR. E. LONNING, D.C.

2209-J Dial GI lbrt 2-3726

DR. CLAYTON L. SINCLAIR

D.C.

Scientific facilities for Diagnosis and Treatment of Acute and Chronic Conditions

Specializing in Arthritis, High Blood Pressure and Gastro-Intestinal Disorders

Diet, Physical, Electro, and Colon Therapy

Hudson 4-2365

If No Answer Call GI lbrt 2-2673

2800 H St. Corner 29th

Chiropractors—(Cont'd)
GAGE J B

**CARMICHAEL
 TOWN & COUNTRY
 X-RAY - DIETS - COLONICS**
 Compensation Cases Handled
 RECTAL TROUBLE TREATED

5225 Marconi Av Carmichael... IVnhoe 9-1473

GAMES FREDERICK C
**DR. FREDERICK C. GAMES
 CHIROPRACTOR**

HOURS: 9 A.M. TO 5 P.M.
 EVENINGS BY APPOINTMENT
 SAT. TILL NOON

2626 S HU ntr 6-5555

GATES ROBERT L
 3971 Fruitridge Rd. HI lcrst 6-2031

GOODWIN WM P
 ADJUSTMENTS - COLON THERAPY
 PHYSIO-THERAPY
 COMPENSATION CASES HANDLED
 DIETETICS

See Our Ad This Classification

Buses 4 & 7 to Door

2800 T HI lcrst 7-9826

Goodwin Wm P 2800 T HI lcrst 7-9826
 (See Advertisement Page 86)

HENSON GERALD B
 X-Ray Fluoroscope
 Open Sunday Thru Fridays
 Evenings by Appointment

1016 Del Paso Blvd N Sacto WAbash 5-6449

Jacobson George 1212 P GI lbrt 3-0192
 Keith John R 1015-22d HU dsn 4-4762
 (See Advertisement Page 87)

KEPPLER MANFORD
 Compensation Cases Accepted
 No Stairs or Elevators - X-Ray
 1 to 8 P.M. Week Days 9 A.M. to 12 Sat.
 4626-14th Av HI lcrst 5-9758

Lajole A P 2322 Capitol Av. HU dsn 4-5143
 Lieser & Robertson 510 Vernon Roseville 9-5785

Lonning E 2209 J HI lcrst 2-3726
 (See Advertisement This Page)

Lonning E Jr
 Ultrasonic Therapy & Spinal Neurology
 3256 J HU dsn 1-2812
 Residence HU dsn 4-7066
 Luck W H 1609 P GI lbrt 3-5522

LUND KERIC
 Specializing in the Treatment of
 ARTHRITIS - RHEUMATISM
 NERVOUS DISORDERS
 By Appointment Only

Between E & D Sts

418 Alhambra Blvd. GI lbrt 2-7734

LUNDE C N 2829 Del Paso Blvd. WAbash 5-3234
 (See Advertisement Page 87)

McCubbin L A Ochsner Bldg. GI lbrt 2-7075

NUTT ORLIN V
 Open Evns. - Mon, Wed, Fri, 10 A.M. to 8 P.M.
 Tues. & Thurs. 10 A.M. to 5 P.M. - Sat. Until Noon
 1908-28th HI lcrst 7-1013
 If no answer call. IV nhoe 9-5496

OAKS HENRY Director

Standard Diagnostic Offices
 X-Ray Service
 Physical Examinations
 Physio-Therapy
 Complete Advanced Therapeutics

1120-23d GI lbrt 2-6582

Chiropractors—(Cont'd)
OEHLER CHAS F 1713 J GI lbrt 3-8838
 (See Advertisement Page 87)

Olinhart James E Forum Bldg. GI lbrt 2-1327

Rentfrow R F 1630 P HU dsn 4-3364

ROGERS JOHN M 1831 K GI lbrt 3-7326
 (See Advertisement Page 86)

Sarlin Ingrid H 2322 Capitol Av. HU dsn 4-5743

Shane Raymond Forum Bldg. GI lbrt 2-1327

Sinclair Clayton L 2900 H HU dsn 4-2365
 (See Advertisement This Page)

Smith Lyle G 1630-21st. HU dsn 4-3583

STANDARD DIAGNOSTIC OFFICES
 Dr Henry Oaks D C Director
 1120-23d GI lbrt 2-6582

STEVENS E G 718-23d GI lbrt 2-2673
 (See Advertisement Page 87)

STOUT G O

Director, Associated D. C. Doctors

DIETIC, MANIPULATIVE
 ELECTRICAL &
 REMEDIAL TREATMENT

1008-27th GI lbrt 2-2553

WALTER H B
 Open Evenings By Appointment
 217-29th GI lbrt 2-4262

YEE HENRY W 707 GI lbrt 3-6612
 If no answer call. HU dsn 4-0480
 (See Advertisement Page 87)

Chiropractors' Exchanges

STEVENS E G

When You Cannot Locate
 Your Family Chiropractor
 HOUSE CALLS

Sundays - Holidays & Evenings

718-23d GI lbrt 2-2673
 If no answer call. HU dsn 4-2365

Christian Science Practitioners

Bailey Arch Capital National Bank Bg. GI lbrt 3-6346

Bates Walter E 904-21st. GI lbrt 2-9227

Burham Sarah E 3205-31th Av. HI lcrst 7-0832

Chapman Mary Cole 731-48th. HI lcrst 7-9290

Dineley Maude B

Anglo Calif Natl Bank Bldg. GI lbrt 3-8512

Ireland Monroe S 2209 K GI lbrt 2-2673

If no answer call. HU dsn 9-6013

Klump Roland Forum Bldg. GI lbrt 3-7542

Krebs Harry G

Anglo Calif Natl Bank Bldg. GI lbrt 3-8512

Learned Ruby B Mrs 1354-50th. HI lcrst 5-7095

Lindsay Grace W Mrs 5040-9th Av. HI lcrst 5-2546

Paxton Evangeline

Tues-Thurs & Sat 10-5:30

Forum Bldg. GI lbrt 2-7364

Residence FairOaks 237-J

Smith Flora M

Anglo Calif Natl Bank Bldg. GI lbrt 3-8512

Strouse Marie-Anne Forum Bldg. GI lbrt 2-7364

Sweatt Theo Mrs 4981 Del Norte Blvd HI lcrst 5-3666

Thomson Mercedes H Mrs

928 Sonoma Wy. HI lcrst 8-8316

Thomson Birdena H Mrs

Anglo Calif Natl Bank Bldg. GI lbrt 3-8512

White Alice W 815 La Sierra Dr. IVnhoe 9-0495

Church Furnishings

ABBEY REITS

Folding Chairs & Tables-Rentals-Sales

1827 J HU dsn 4-9151

Crescent Show Case & Fixture Co

600 W Fremont Stockton 3-1643

Ogle Harry B & Associates 1331 T. GI lbrt 3-8543

Church Organizations

Lincoln Christian Center 1526-5th. GI lbrt 2-0784

Stock Council of Churches 1119-6th. GI lbrt 2-2886

Youth For Christ 3021 Capitol Av. HI lcrst 7-8477

Please be sure to hang up properly. Your telephone bell cannot keep the hook by books or ash trays.

Church Supplies
CHRISTIAN BOOK CENTER
 Church & Church School Supplies
 1420 J GI lbrt 2-3968

DIELH R J CO

Receptives - Medals - Prayer Books

Pictures - Stories - Vestments

Candles - Furniture - Greeting Cards

907-8th GI lbrt 3-4494

Churches—Adventist

Seventh-Day Adventist Church
 4524 Garfield Av Carmichael IVnhoe 9-6204

Seventh-Day Adventist Church Central
 Raymond H Libby-Pastor
 1017-23d GI lbrt 3-9725

If no answer call. HU ntr 6-5989

(See Advertisement This Page)

Seventh Day Adventist Church N Sacto
 3629 Del Paso Bl N Sacto WAbash 5-1802

Seventh Day Adventist Church Oak Park
 3841-4th Av HI lcrst 6-4879

SEVENTH-DAY ADVENTIST REFORM MVMT
 AMERICAN LIGN CONF. S. Nicolaid, Minister
 Sabbath School 9:30 - Church Service 11
 Wednesday Prayer Meeting - 7:30
 3031 Franklin Blvd. HI lcrst 7-4558

Churches—Assemblies Of God

BETHEL TEMPLE

ASSEMBLY OF GOD

Fundamental - Evangelistic - Friendly

Sunday School 9:45 - Morning Worship 11:00

EVANGELISTIC - 7:45 P.M.
 WEDNESDAY 7:45 P.M.

2030 W HI lcrst 5-2659

Churches—Baptist

Central Baptist Church
 4785 Hillside Av. HI lcrst 3-3105

If no answer call. HI lcrst 7-6181

FIRST BAPTIST CHURCH

Rev. Wilbur C. Christians - Pastor
 Church School 9:30 A.M.
 Worship Services 10:45 A.M. & 7:30 P.M.
 24th & L HI lcrst 3-6537

First Baptist Church of Carmichael
 3300 Walnut Av. IVnhoe 7-2828

John M Hestens-Minister IVnhoe 9-1501

FIRST BAPTIST CHURCH NORTH SACTO

ROBERT L. RAY - Minister
 School 9:45 am-Services 9 am, 11 am & 8 pm
 Pastors Res. 2841 Wright
 2601 Del Paso Blvd N Sacto. WAbash 5-5212

Friendship Missionary Baptist Church
 Jackson Rd. HI lcrst 7-4010

M Zion Baptist Church
 3700 C Northern-Pastor
 3700 Almond Del Paso Hgts. WAbash 5-6637

Pastor's Residence HU dsn 4-3753

Oak Park Baptist Church 334 & 4th Av. HU ntr 6-0646

Walter G Holbrook-Pastor. HI lcrst 5-7854

SEVENTH-DAY ADVENTIST CHURCHES

"The Church of Revelation 12:17 and 14:12"

Central City "Little Theater" Memorial Auditorium
 16th & J Streets (Saturday a.m. only)
 B. R. Speers, Pastor. Res. HI lcrst 7-8944

Carmichael
 4524 Garfield Avenue IVnhoe 9-6204

Res. Fair Oaks 549-914

Central
 1017 23rd Street (At K St.) GI lbrt 3-9725

Res. HU ntr 6-5989

North Sacramento
 2629 Del Paso Blvd. WAbash 5-1802

Res. WAbash 5-8123

Oak Park
 3841 4th Avenue HI lcrst 6-4879

Res. HI lcrst 7-0276

Residence
 3841 4th Avenue HI lcrst 6-4879

Res. HI lcrst 7-0276

Sabbath School, Saturday, 9:30 a.m.
 Divine Service, Saturday, 11:00 a.m.
 Prayer Service, Wednesday, 7:30 p.m.
 Young People, Friday, 7:30 p.m.

Churches—Baptist—(Cont'd)

Shiloh Baptist Church
 Rev Joseph Williams Minister
 1530-6th GI lbrt 2-5288

Residence 3032 San Jose Way. HI lcrst 7-1484

Temple Baptist Church
 Cooperating With Southern Baptists
 Rev C R Collier WAbash 5-9425

12th & Frietaza N Sacto. WAbash 5-4119

TWELFTH AV BAPTIST CHURCH
 COOPERATING WITH SOUTHERN BAPTISTS
 Sun. School 9:45 - Morning 11 A.M. 8 P.M.
 Rev. T. J. Du Bose 4057-11th Av. HI lcrst 7-0256
 4020-12th Av. HI lcrst 5-5007

Churches—Catholic, Roman

All Hallows Church
 Church Building 56th & 14th Ave
 Sun Masses 6:30-8:00-9:00-10:00-11:00
 4121-53d HI lcrst 6-7206

CATHEDRAL OF THE BLESSED SACRAMENT

Rev Raymond Remwald
 Sunday Masses 6:30-8-9-10-11
 Holy Days 6:15-7-8-9-10-12:15
 1017-11th GI lbrt 2-3423

Holy Spirit Church
 3159 Land Park Dr. GI lbrt 3-5442

IMMACULATE CONCEPTION CHURCH
 RIGHT REV. P. J. O'SULLIVAN
 Sunday Masses 6:7-8-9-10 and 11 a.m.
 Sunday Eve. Benediction 7:30 p.m.
 Holy Days 6-7-8-9 and 10 a.m.
 Mother of Perpetual Help Dev.
 Tuesday, 7:30 p.m.
 2549-32d HI lcrst 5-0563

Our Lady of The Assumption
 Carmichael IVnhoe 9-5450

ST FRANCIS CHURCH

Franciscan Fathers
 Sunday Masses 6:7-8-9-10-11 AM
 Holy Days 6-7-8-9-10-12:15
 1112-26th GI lbrt 2-2207

St Mary's Church
 Sunday Masses 6:30-8:00 9:00-10:00-11 AM
 Rev Samuel T. Anzalone HI lcrst 6-9702

St Mary's Hall 5800 M. HI lcrst 5-9684

Churches—Christian

Christian Church Freeport Bld
 Rev Raymond E Swartz-Minister
 3000 Freeport Blvd. GI lbrt 2-1346

Res. 1917 Vallejo Way. HU dsn 4-2394

Del Paso Blvd Christian Church
 Rev Raymond A Graber WAbash 5-5261

2727 Del Paso Blvd N Sacto. WAbash 5-6388

Residence 1006 Encina Av. WAbash 5-6388

First Christian Church
 Rev H C Fellers-Minister GI lbrt 2-3433

27th & M. HI lcrst 7-9336

Res 1601-41st HI lcrst 7-9336

Fruitridge Christian Church
 4409 Fruitridge Rd. HI lcrst 7-3824

Churches—Christian & Missionary Alliance